

Home-Science Deptt.
(Activities during 2023-24)

- 1) Home-sci Deptt. organised 2 days Art & craft workshop from Pictolite on 21-sep-2023 to 22-sep-2023 for Home-sci & fashion Designing students 60 students were participated in same activity.
- 2) Fashion show and food stall organised in Home-sci Deptt on 20-oct-2023. 80 students (Approx) of H.sci & MSc & fashion designing were participated.
- 3) Diwali exhibition cum sale & food stall. organise by Home-sci Deptt. on 9-Nov-2023. In this activity 60 student of H.sci, MSc & fashion designing were participated.
- 4) On 2nd Dec-2023 Poster competition on Millets was organise in Home-sci Deptt.
- 5) On line National level. competition. was organise by K.V.A D.A.V college on 18-Nov-2023. In this our students achieve 1st Prize in Jewellery & thali Decoration.
- 6) Art & Craft workshop was organised on 19th Jan-2024 to 23-Jan-2024 by women cell in Collaboration with Home-sci.
- 7) On 3-Feb-2024 3 days cooking workshop organised by women cell in Collaboration with Home-sci. 40 students.
- 8) On 9-Feb-2024. Handicraft workshop in Home sci. In this 80 students were participated. students learn towel hanging & basket.
- 9) On 10-Feb-2024. On the occasion of Basant Dabbar. Rangoli competition organised in Deptt. of Home-sci in this activity 10 students were participated.

- ① Fashion show organised In Basant Darbar where fashion designing students were participated & showcased. Also show in same event 40 students were participated.
- ② On 12- Feb-2024 food preservation workshop organise by Home-Sc Dept. 30 students were participated in same activity.
- ③ On 19- March-2024 Home-Sc Dept. Organise, one day digital designing workshop, for fashion designing students 60 students were participated in same activity.

Khushi
UASITA
HSC Dept.

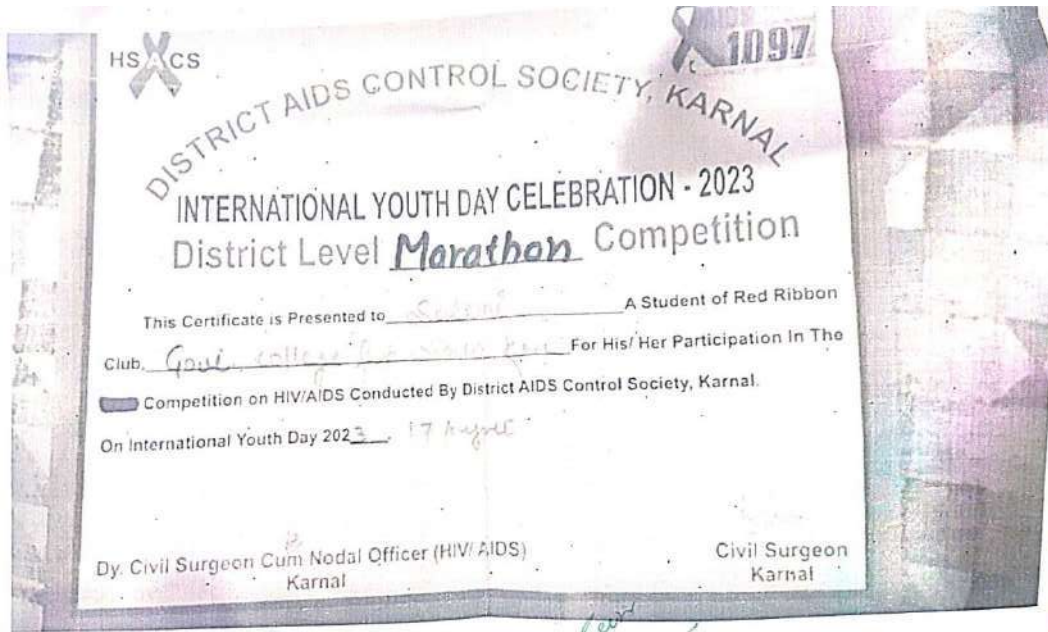
RED RIBBON COMMITTEE

ACTIVITIES

SESSION 2023-2024

1. International Youth Day Celebration 2023, District Level Marathon Competition on 17.08.23

Miss Saloni student of BA 3rd semester (English Hons.) got 3rd position in District Level Marathon Competition on HIV/AIDS conducted by District AIDS center society, Karnal



2. Extension lecture HIV/AIDS awareness on 14-10-23

Extension lecture on awareness about HIV/AIDS is organised by red ribbon in on 14-10-23. Dr. Mamta from Civil Hospital give her valuable time. She awares the students about HIV infection, its transmission, AIDS prevention.



3. Extension lecture on women related health issues on 21-11-23

Extension lecture on women related health issues to make student aware of PCOS/PCOD is organised by Red cross, Red ribbon in collaboration Women cell on 24-11-23. Dr. Archana Chandna give her valuable time. 195 Students attended the lecture.



Karnal, Haryana, India
1518, Urban Estate, Sector 13, Karnal, Haryana
132001, India
Lat 29.687155°
Long 76.999946°
24/11/23 10:02 AM GMT +05:30





4. RED RIBBON HUMAN CHAIN ON 15.12.23

53 students participated in forming Red Ribbon Human Chain to spread awareness about HIV/AIDS on 15.12.23. Students formed the human chain in the form of a Red Ribbon to sensitize the students of college against this dreadful disease. National AIDS toll free no. 1097 was also promoted during this event.





5. Awareness of HIV/AIDS with pamphlets on 15.12.23

To spread awareness about HIV/AIDS, pamphlets were distributed among students of college. 53 Students through pamphlet are made aware about HIV infection, its transmission, AIDS prevention. National AIDS toll free no. 1097 was also promoted.





6. Slogan writing competition on 20.12.23

Slogan writing competition is organised on 20.12.23. The theme of the slogan competition is “Awareness about HIV/AIDS”. 10 Students participated with great enthusiasm.



7. Poster making competition on 20.12.23

Poster making competition is organised on 20.12.23. The theme of the poster making competition is “Awareness about HIV/AIDS”. It is a good learning experience for students. 10 students participated in this event



8. LIFE SKILL DEVELOPMENT WORKSHOP (18.1.24)

RED CROSS, RED RIBBON in collaboration with women cell organised one day life skill development workshop on 18.1.24. Dr. Neena , lecturer, First aid st. John Ambulance (India), Red Cross Karnal was present as trainer. She explains to students how to take care of our mental health through meditation techniques. She gave training regarding First aid required at the time of accident or bug bite. She also tells the students about road safety rules. She also explains that organ donation is a virtuous act which provides hope for second life in patient who are suffering from organ failure. It was a good learning experience for all students. 34 students participated in this workshop.





9. Training of Nodal teachers and peer educators for HIV/AIDS awareness on 23.1.24

Two nodal teachers(Ms. Seema(Maths) and Ms. Deepal (Maths)) along with 2 students(Reeti and Jyoti of MA(HINDI(P)) were deputed for training on HIV/AIDS awareness at civil surgeon office, Karnal.



10.NATIONAL YOUTH DAY FORTNIGHT CAMPAIGN FROM 12.1.24 TO 26.1.2024

10.1 Declamation Competition on 23.1.24

A Declamation competition is organised on 23.1.24. Students participated with great enthusiasm in this event. Topics for this event were HIV/AIDS Awareness, T.B. Awareness and Blood donation awareness. 16 students participated in this event.

Judges for this event are

(a)Mr. Sanjeev Kumar (Assistant Professor, Physics)

(b) Dr. Durgesh (Assistant Professor, Physics)





Result for Declamation competition on 23.1.24

Position	Name	Class	Rollno.
First	Muskan	B.Sc. 2 nd year	30
Second	Neha	B.Sc. 2 nd year	74
Third	Taniya	B.A. Eng. Hons. 1st year	004

10.2 HIV/AIDS Awareness Signature Campaign on 24.1.24

In this campaign, 160 students participated with great zeal and put their signature on banner to create HIV/AIDS Awareness.









10.3 Wall painting competition on 24.1.24

Students painted the walls giving messages of safeguarding oneself from deadly disease HIV/AIDS. 11 students participated in this event. Judges for this event are

(a)Dr. Ekta Arora(Assistant Professor, Chemistry)

(b) Ms. Harpreet(lecturer, Home Science)







Result for Wall painting competition on 24.1.24

Position	Name	Class	Rollno.
First	Leesha	B.A. 1st year	69
Second	Gauri	B.A. 3 rd year	121
Third	Vijeta	B.A. 2 nd year	286

10.4 Nail Act Competition on 24.1.24

Nail act competition is organised in which students participated with great enthusiasm and zeal. Students do beautiful nail art on their nails to create awareness of HIV/AIDS.

10 students participated in this event. Judges for this event are

(a) Dr. Ekta Arora (Assistant Professor, Chemistry)

(b) Ms. Harpreet (lecturer, Home Science)







Result for Nail Act competition on 24.1.24

Position	Name	Class	Rollno.
First	Sonam	B.A. 1st year	156
Second	Rupinder	BCA 3 rd year	39
Third	Manisha	B.A. 2 nd year	365

10.5 Essay writing competition on 25.1.24

An essay writing competition is organised on topic awareness of HIV/AIDS, NACO App, Toll freeno. 1097. Position holders were given prizes. 13 students participated in this event.

Judges for this event are

- (a) Ms. Ankita (Assistant Professor, Chemistry)
- (b) Ms. Manila (lecturer, Chemistry)







Result for Essay Writing competition on 25.1.24

Position	Name	Class	Rollno.
First	Anchal	B.Sc 1st year	47
Second	Manisha	B.Com 2 nd year	87
Third	Siya	B.A. 1st year	82

10.6 Slogan writing competition on 25.1.24

Slogan writing competition is organised on topic

- (a) Awareness of HIV/AIDS
- (b) Toll free no. 1097
- (c) NACO AIDS APP

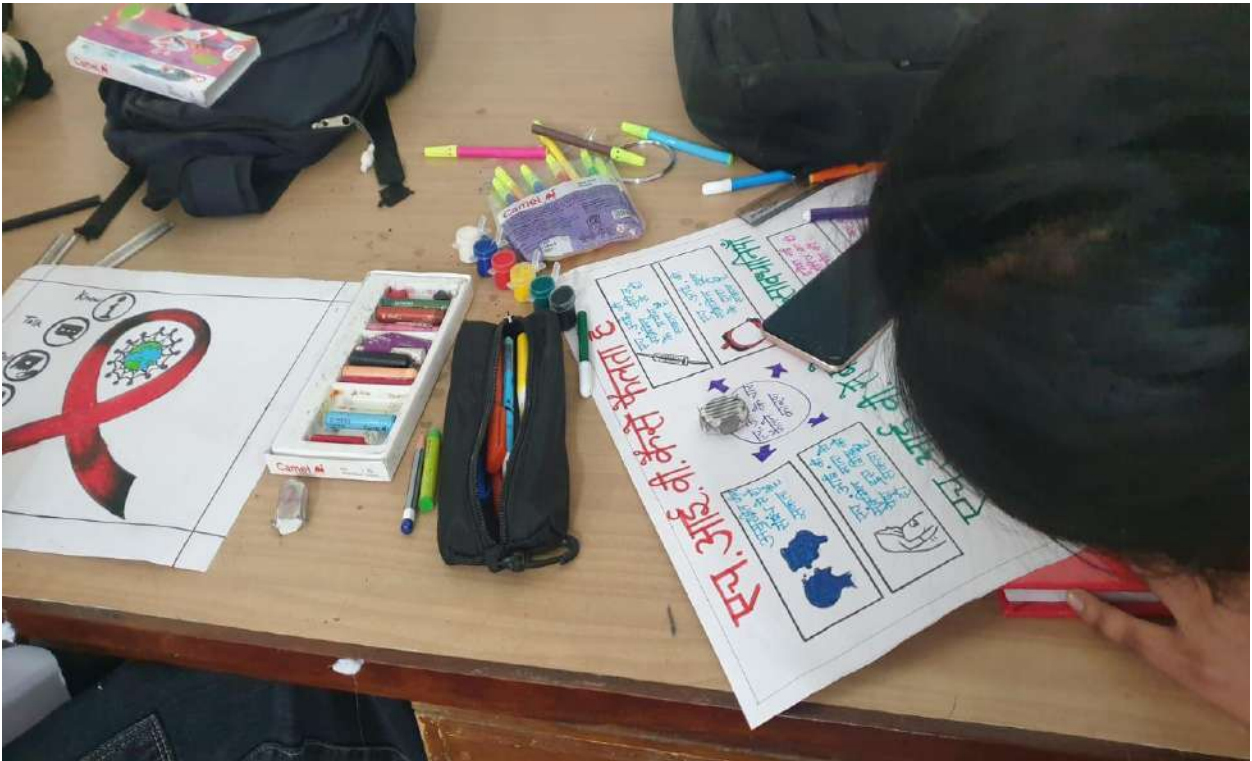
Position winners were given cash prizes. 15 students participated in this event.

Judges for this event are

- (a) Ms. Ankita (Assistant Professor, Chemistry)
- (b) Ms. Manila (lecturer, Chemistry)









Result for slogan on 25.1.24

Position	Name	Class	Rollno.
First	Shagun	B.Com 2 nd year	184
Second	Mehak	B.Sc 1st year	10
Third	Manisha	B.Com 2 nd year	87

भाषण प्रतियोगिता में मुस्कान ने मारी बाजी

■ राजकीय महिला महाविद्यालय में राष्ट्रीय युवा दिवस पखवाड़े का हुआ समापन

करनाल, 27 जनवरी (मनोज): राजकीय महिला महाविद्यालय में रैड रिबन क्लब के तत्वावधान में प्राचार्य सुभाष चंद्र शर्मा के दिशा निर्देशन में आयोजित राष्ट्रीय युवा दिवस पखवाड़े का समापन हो गया। इसके अंतर्गत एच.आई.वी. एड्स जागरूकता अभियान में विभिन्न गतिविधियां करवाई गईं। छात्राओं को एड्स से संबंधित जानकारी दी।

इसके बचाव व लक्षणों के बारे में बताया गया। भाषण प्रतियोगिता में जिसमें बी.एससी. सैकेंड ईयर की मुस्कान प्रथम रही। बी.एससी. सैकेंड ईयर की नेहा ने द्वितीय और तानिया ने तृतीय स्थान हासिल किया। नेल पेंटिंग में बी.ए. प्रथम वर्ष की ईशा ने प्रथम स्थान पाया। बी.ए. तृतीय वर्ष की गौरी ने द्वितीय स्थान और बी.ए. सैकेंड ईयर की विजेता ने तृतीय स्थान हासिल किया।

नेल एक्ट में बी.ए. प्रथम वर्ष की छात्रा सोनम ने प्रथम, बी.सी.ए.



प्रतियोगिता में भाग लेती छात्राएं। (पंकज)

फाइल की रूपिंदर ने द्वितीय और बी.ए. सैकेंड ईयर की मनीषा ने तृतीय स्थान हासिल किया। निबंध लेखन प्रतियोगिता में आंचल ने प्रथम, मनीषा ने द्वितीय और सिया ने तृतीय स्थान प्राप्त किया। स्लोगन लेखन प्रतियोगिता में शगुन ने प्रथम, महक ने द्वितीय और मनीषा ने तृतीय स्थान पाया।

एड्स जागरूकता विषय पर हस्ताक्षर अभियान भी चलाया गया। प्राचार्य ने बताया कि एच.आई.वी. एड्स एक जानलेवा बीमारी है। सही समय पर उपचार से इस बीमारी से निजात पाई जा सकती है। पखवाड़े का आयोजन संयोजिका सुमन चौधरी ने किया। कार्यक्रम में प्रो. हरप्रीत कौर प्रो. दीपल व प्रो. सीमा ने अपना योगदान दिया।

GOVERNMENT COLLEGE FOR WOMEN, KARNAL

RED CROSS COMMITTEE

ACTIVITIES

SESSION 2023-2024

1. CPR TRAINING ON 8th SEPTEMBER, 2023

CPR Training through documentary and live demonstration to protect the lives of victims held at GCW, Karnal on **8.9.2023**. A team from Red Cross, Karnal provides the training and distributes the pamphlets among students. **120** students attended the training.



Figure 1 CPR TRAINING 8.9.23

2. Extension lecture on Women related health issues on 24-11-23

Extension lecture on women related health issues to make student aware of PCOS/PCOD is organised by Red Cross, Red Ribbon in collaboration with

Women cell on **24-11-23**. Dr. Archana Chandna give her valuable time. **195** Students attended the lecture.



Figure 2 EXTENSION LECTURE ON WOMEN RELATED HEALTH ISSUES ON 24-11-23

3. RED RIBBON HUMAN CHAIN ON 15.12.23

53 students participated in forming Red Ribbon Human Chain to spread awareness about HIV/AIDS on **15.12.23**. Students formed the human chain in the form of a Red Ribbon to sensitize the students of college against this dreadful disease. National AIDS toll free no. 1097 was also promoted during this event.



Figure 3 RED RIBBON HUMAN CHAIN ON 15.12.23

4. Awareness of HIV/AIDS with pamphlets on 15.12.23

To spread awareness about HIV/AIDS, pamphlets were distributed among students of college on 15.12.23. 53 Students through pamphlet are made aware about HIV infection, its transmission, AIDS prevention. National AIDS toll free no. 1097 was also promoted.



Figure 4.1 Distribution of pamphlets among students



Figure 4.2 Distribution of pamphlets among students

5. Slogan writing competition

Slogan writing competition is organised on **20.12.23**. The theme of the slogan competition is “Awareness about HIV/AIDS”. **10** Students participated with great enthusiasm.



Figure 5 Slogan writing Competition on 20.12.23

6. Poster making competition

Poster making competition is organised on **20.12.23**. The theme of the poster making competition is “Awareness about HIV/AIDS”. It is a good learning experience for students. **10** students participated in this event.



Figure 5 poster making competition on 20.12.23

7. LIFE SKILL DEVELOPMENT WORKSHOP (18.1.24)

Red Cross, Red Ribbon in collaboration with women cell organised one day life skill development workshop on **18.1.24**. Dr. Neena, lecturer, First aid, St. John Ambulance (India), Red Cross Karnal was present as trainer. She explains to students how to take care of our mental health through meditation techniques. She gave training regarding first aid required at the time of accident or bug bite. She also tells the students about road safety rules. She also explains that organ donation is a virtuous act which provides hope for second life in patient who is suffering from organ failure. It was a good learning experience for all students. **34** students participated in this workshop.



Figure 6.1 LIFE SKILL DEVELOPMENT WORKSHOP ON 18.1.24



Figure 7.2 LIFE SKILL DEVELOPMENT WORKSHOP ON 18.1.24

8. Celebration of National De-worming Day on 15.2.24 and Mop-up day on 20.2.24

Red Cross Committee has celebrated National De-worming on **15.2.24** and Mop-up day on **20.2.24** by distributing Albendazole among **1700** students of college.



Figure 8.1 DE WORMING DAY ON 15.2.24



Figure 8.2 MOP UP DAY ON 20.2.24

9. Ms. Deepal (Maths) attended one day orientation programme for Youth Red Cross counsellors on 13.3.24 at KUK.



Figure 7 TRAINING FOR YRC COUNSELLORS

10.FREE EYE CHECK UP CAMP ON 19.4.24

A Free Eye Check Up Camp was organized by Red Cross Committee on 19.4.24 in which screening of 129 students was done.



Figure 10.1 FREE EYE CHECK UP CAMP ON 19.4.24



Figure 10.2 FREE EYE CHECK UP CAMP ON 19.4.24

11. Cybercrime awareness program on 20.4.24

A cybercrime awareness program was organized by the police department at the Government Women's College in Railway Road premises. During the program,

SHO Mr. Sultan Singh and Mr. Vivek from the local police station educated the students about dialing 112 and 1091. They explained that students can use the Durga Shakti app and these emergency numbers in case of urgent situations. They also advised students to be cautious of calls from unknown numbers, especially if someone asks them to transfer money without verification. **100** students from the college participated in the program.



Figure 11.1 CYBERCRIME AWARENESS PROGRAM ON 20.4.24



Figure 11.2 CYBERCRIME AWARENESS PROGRAM ON 20.4.24

12.Celebration of world Red Cross Day on 8.5.24

World Red Cross is celebrated on 8.5.24. YRC Volunteers extended support to needy in their surrounding areas keeping in view the theme #Keeping Humanity Alive. A lecture on “History of Red Cross” is also organised on this day. Ms. Suman Choudhry, Incharge, Red Cross is the main speaker. She enlightened the students about the history of Red Cross and its main objectives. She told to the students how this organization assists people impartially during wars, epidemics and natural disasters. 39 students attended the lecture.





RED CROSS COMMITTEE

1. MS. SUMAN CHOUDHRY(9034243432)
2. MS. SEEMA(7988317612)
3. MS. DEEPAL(9485507000)

PRINCIPAL

Annexure –V (Women Cell Activities Session 2023-24)

S.No	Date	Event	Organized By	Resource Person/Trainer	Organized at	Results / Remarks
1	1.09.2023,02.09.2023	Literacy Week Celebration Poster Making and Slogan Writing Competitions	Women Cell, Legal Literacy cell		Physics Lab	1. Poster Making Competition First: Kajal(B.Sc.-I) Second: Mehak(B.Sc.-I) Third: Shagun(B.Com.-II) 2. Slogan Writing Competition First: Anjali(B.Sc.-II) Second: Komal(B.Sc.-III) Third: Ankur(B.Sc.-III)
2	20.09.2023	Extension Lecture on Digital skills to fight against Cyber Crime	Women Cell	Mrs. Jyoti Gagat, District Programme Coordinator, Women and Child Development Department	Room No. 17	250 students attended the lecture
3	8.11.2023	National Level Essay Writing Competition	Women Cell		Online	59 students participated in this competition. First: Yash Kalra, B.Sc.N.M. -II Pt. JLN Govt. College Faridabad Second: Anjali, B.Sc. N.M.-III, GCW, Karnal Third: Ekta, B.Sc. N.M. DSC Karnal.
4	21.11.2023	National Level Thali Decoration Competition	Women Cell		Online	20 students participated in this competition. First: Rashmi, 20210560032 , B.Sc. N.M. III Year__ D.A.V. College Girls, Yamunanagar, Second: Amisha , 221131026027, B.Sc. C.Sc. Year, Govt. College, Narnaul , Third: Anusha , 1212482002043 B.Sc. B.A. III Year, Kanya Mahavidyalaya Kharkhoda, Sonipat
5	09.01.2024	07 days Martial art Self Defense Training	Women Cell	Mr. Ajay Lather	Shed opp. Home science deptt.	50 Students from all streams are attending the training enthusiastically.
6	18.01.2024	Life Skill Development Workshop	Women Cell , Red cross, Red Ribbon	Dr. Neena, B.M.R. College of Education, Gharaunda	Physics Lab	40 students attended the workshop.
7	19.01.2024	5 days Art and craft Workshop	Women Cell	Ms. Asha Verma, Fevicryl	Home Science Lab	30 students participated and learnt the art of Broche making, fabric painting, tote bag Painting, belt painting ,canvas painting etc.

Annexure –V (Women Cell Activities Session 2023-24)

				Instructor		
8	01.02.2024	3 days Cooking Workshop	Women Cell	Ms. Uma Kaushik, Lecturer, R. S. Public School	Home Science Lab	30 students learnt to make several dishes mostly without fire and also the art of fine chopping etc.
9	01.02.2024	3 days beauty, hair and makeup workshop	Women Cell	Ms. Shikha Kamboj	Physics Lab	60 students participated in this workshop and learnt about nail art, hair styles and makeup
10	09.02.2024	Handicraft making Workshop	Women Cell	Ms. Uma Kaushik, Lecturer, R. S. Public School	Home Science Lab	40 students participated and learnt to make purse, wall hangings, towel hangers from Macrem
11	12.02.2024	Food Preservation Workshop	Women Cell	Mr. Dinesh Assistant Professor, HM, RPIIT, Bastara.	Home Science Lab	30 students participated and learnt about fundamentals of food preservation and preparation of jams, Pickles etc.
12	20.03.2024	Awareness programme regarding Trip Monitoring Service and Dial 112	Women Cell and NSS	Mr. Chandeshwar, Incharge, Women Safety & Social Justice Branch, Karnal	Room No. 17	
13	20.04.2024	Awareness programme regarding cyber crime and Dial 1091, 112	Women Cell and Red ribbon	Mr. Sultan Singh, SHO and Mr Vivek, PI, Sadar Police Station Karnal	Room No. 17	