

GOVERNMENT COLLEGE FOR WOMEN  
KARNAL



Invites you to join  
INTERNATIONAL WEBINAR  
on

**“How To Thrive in a Stressful Situation: Practical Tips and Techniques”**

(Under the aegis of Directorate of Higher Education, Haryana)

**Keynote Speaker:**



**Mr. HAMESH YADAV**

*Behavior Consultant, Australia*

**International Speaker**

**Speaker:**



**Dr. HEMANT VERMA**

*Deputy Director*

*Higher Education Department, Haryana*

**Author-“Ultimate Communication Secrets: Create Automatic Success”**

<b>No Registration Charges</b>
<b>Limited Seats</b>
<b>Registration Link</b>

<b>June 28, 2020, 11 a.m</b>

<https://forms.gle/1qmbqDPgX5uAEXmx6>

- ✚ **E-Certificate** will be provided to registered participants only after successfully attending the webinar and filling up of the feedback form.
- ✚ Joining Link will be sent to registered email-id on **June 27, 2020**

**Patron:**

**Dr. (Ms.) ANURADHA PUNIA**  
**PRINCIPAL (HES-I)**

**Convener:**

**Dr. (Ms.) PUNAM BAGI**  
**(Dept. of Psychology)**

**Co-Convener:**

**Dr. (Ms.) EKTA ARORA**  
**(Dept. of Chemistry)**

**Organizing Committee:**

**Ms. VANDANA, Dr. (Ms.) SAPNA**  
**(Dept. of Computer Science)**